

MARK YOUR CALENDAR

Orientation

If you have not gone through orientation, please join us at 400 N. Jefferson Davis Parkway from **9:00-10:30 am on February 7th**

First Aid Station Training

**February 7th
10:30am-12pm**

First Aid Stations

**February 14th
February 15th
February 17th
Multiple shifts**

Shelter Training

**March 21st
9am-1pm**

Medical Institution Evacuation Plan

**April 18th
All Day**

Regional ESF-8 Training

**April 23rd
8:30am-4:30pm**

Hurricane Season Training

**May 30th
9:00am-12:00pm**

See rear for upcoming events details.



Newsletter

FEBRUARY 2015

Up, Up, and Away

Thank you to everyone who made it out to our Spring Kick-off party. We had an exciting day full of conversation, food, and laughter. 2015 is sure to be a good year and we are excited to accomplish all of our goals with our wonderful volunteers. If you were not able to attend, please be sure to pick up your certificate of appreciation from Sarah. Be on the lookout for all of our volunteer opportunities this year and we look forward to working with you all!



Mardi Gras Survival Tips

Happy Carnival Season! We don't want injuries or accidents put a damper on your Mardi Gras season. Take a look at some of the following tips to help ensure you have a fun, successful and SAFE Mardi Gras:

- Eat and stay hydrated! Make sure to carry a water bottle, snacks, and hand sanitizer with you throughout the day.
- Keep an ID and cash on you in case of emergency.
- Practice safe drinking habits. Know your limits and where your drinks are coming from.
- Make sure to stay with your group. Don't venture off alone. Have a plan if you get split from your party.
- Wear comfortable shoes and clothing. Bring a poncho in case of rain and don't forget to wear sunscreen.
- Do not wear valuables or put purses and bags down.
- Don't get in front of floats or too close to them.
- And above all else, Have Fun!



Smoking Ban

On January 22, 2015, the City Council unanimously passed a new smoke free ordinance. On January 30, Mayor Landrieu signed it into law. The ordinance, which goes into effect on April 22 of this year, makes it to illegal to smoke or vape indoors at casinos, bars, and hotels, among other locations across the city. There will be a city-wide campaign to educate locals and visitors about the new ordinance. We would appreciate your assistance with outreach and education. Please check your email for upcoming opportunities to volunteer.

We are always looking for more NOMRC members. Do you have any friends who would be interested? Please have them attend orientation on February 7th!

173 Hours

Volunteered by NOMRC members in 2015

173 Hours

Volunteered in January

UPCOMING EVENTS

First Aid Station Training

Saturday February 7, 2015 10:30am-12:00pm
400 N Jeff Davis Pkwy.

Training for anyone who will be working the First Aid station at Mardi Gras but did not need the First Aid/CPR Class.

Mardi Gras First Aid Stations

Saturday, February 14, 2015

Sunday, February 15, 2015

Tuesday, February 17, 2015

E-mail Sarah to sign up for a shift by Saturday, February 7th at 5:00pm.

Shelter Training

Saturday March 21st, 9:00am-1:00pm

Red Cross: 2640 Canal St.

Training for anyone who is interested in working shelters during an emergency. Not required but highly recommended.

Medical Institution Evacuation Plan

Saturday, April 18th, 2015 All Day

Belle Chase Naval Airstation

Volunteers needed to be actors in this annual exercise.

Regional ESF-8 Training

Thursday, April 23, 2014 8:30am-4:30pm

Joe Brown Recreation Center

Regional training hosted by the Department of Health and Hospitals, that will focus on Medical Special Needs Shelter response.

Hurricane Season Training

Saturday, May 30, 2015 9:00am-12:00pm

400 N Jefferson Davis Pkwy.

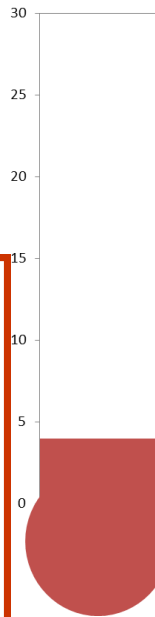
Annual hurricane season kick off to go over basics of hurricane response and NOMRC's role.

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NOMRC Coordinator
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New NOMRC
Members in
2015



MRC Steering Committee

Are you interested in joining our 2015 MRC Steering committee? Committee members work to merge the interests of NOMRC volunteers with the needs of the community. This group is responsible for:

- Increasing membership through the development and implementation of recruitment strategies
- Assessing the interests and needs of NOMRC members to develop a yearly training schedule
- Ensuring all activities align with the NOMRC vision and mission
- Maintaining the NOMRC policies and procedures
- Ensuring NOMRC yearly goals are achieved

The Steering Committee meets quarterly to review past activities, membership recruitment and retention, trainings, budgeting, and plans for future initiatives. Any member is welcome to join the steering committee but is asked to be on the committee for 1 calendar year. If interested, please contact Sarah by February 20th.

New MRC Shirts



New shirts for everyone are in! Even if you already have a polo or scrub shirt, pick one up today! You can come by our office in City Hall (1300 Perdido St Suite 8E18 NOLA 70112) or pick one up at any upcoming events.

Please e-mail sababcock@nola.gov to set up a pick up time.

Our January orientation class brought in another wonderful group of new members! We oriented four new MRC volunteers and are excited for them to join our team. We just want to send a huge MRC welcome to Sabira Ebaddy, Evy Munro, Tamar Ahmed, and Diane Mulvey!

**NEW
MEMBER**

WELCOME!